



Your leading Swiss personnel service provider in healthcare

The „coaching“ service we offer is based on our longterm experience in the support of employees at all hierarchical levels up to and including the board of directors. The basis is a sound psychological diagnosis supplemented by modern coaching tools from the field of systemic solution-oriented consulting.

### Our services in the field of coaching are:



Individual coachings



Team-Coachings



Onboarding-Coachings



Mediation

### We support companies and their employees in a wide variety of contexts:



Leadership



Conflict



Life Balance



Resilience



Women in management positions



Succession in family businesses



Team coaching at executive board and administrative board level



Intercultural Coaching (especially Germany-Switzerland)

### Your Coach - Certified Psychologist Birgit Troschel

After studying psychology, I worked in Frankfurt as a management consultant at the audit and accounting firm Arthur Andersen LLP for 10 years. Since 2002 I have been working for Stettler Consulting AG and am responsible for the areas of coaching, training and diagnostics. In 2008 I made partner and became a member of the management board. I am married and have two adult sons.

**For reference information, we are happy to put you in touch with long-standing clients. We look forward to accompany you and your team on the road to success!**

